



KYLEIGH'S GIFT VIRTUAL RUN/WALK OCTOBER 10, 2020

We encourage you to schedule a family-friendly 5K or one-mile route with your team whenever, however, you choose. Be sure to post your (socially distanced) photos using #KyleighsGift!

How to Host your Own Virtual Event:

- Run/Walk/Stroll/Skate/Hike/Bike - just get moving! If you want to be official - download the 'map my run' app to determine your route and distance.
- Where to move? Anywhere! The gym, your neighborhood, local park, a playground, zoom - you pick!
- Make it Official! Decorate with sidewalk chalk, face paint with your friends/family, post a sign in your yard, create a water station, set up a finish-line complete with streamers, host a finisher/ceremony - enjoy the day!
- Get Creative! Don't want to walk/run/stroll? How about playing some backyard games? Corn hole, obstacle course, think an old-fashioned field day - anything goes!
- Candlelight - create your luminaries, play music, read a poem or prayer - do what feels right for you and your team. Candlelight resources are available, please contact foundation@libertyhospital.org for your resource packet.



Register Online:
libertyhospitalfoundation.org/kyleighsgift